

Coaching Self-Assessment Tool

1. I actively listen to truly understand others unique point of view.

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2. I facilitate the process of problem solving in a coaching session and spend little time providing answers.

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3. I gain rapport and credibility with a wide variety of people that I coach.

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4. I keep the coaching conversation(s) focused on student outcomes and educator development.

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5. I effectively ask probing questions that get people communicating and sharing truth, challenges, and fears that may be inhibiting them from succeeding.

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6. I use and fully understand the application of multiple coaching tools and how to process those as coaching information.

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7. People finish a coaching session with me positively focused and ready to work on a goal.

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8. My coaching practices differ within each unique setting, situation, or personal relationship.

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9. I set manageable goals and targets for coaching that can be articulated and measured by all parties.

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10. I spend a great deal of time providing advice and resources.

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11. I know the individual developmental goals of each person I am coaching.

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12. I know the group/team/school/district goals for each group I am coaching.

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13. I am able to distinguish between coaching, problem solving/corrective action, providing feedback/information, training, and counseling.

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